

# DIETARY & ALLERGEN INFORMATION

At Alabama Chicken & Wings, we believe in only using the best quality ingredients to provide you with great tasting products that keep you coming back for more.

With every meal cooked-to-order by our experienced teams, allergen prevention and cross contamination is of top priority to us. We are committed to providing you with the necessary information and transparency so you can make informed decisions about your next menu choice.

This allergen chart is a guide detailing common allergen and ingredient information which you may/may not choose to avoid. In the instance you do have a food allergy or dietary requirement please advise our teams when ordering at anyone of our Alabama Chicken & Wings restaurants.



# GUIDE

---

## HOW TO READ OUR ALLERGEN GUIDE

**T**

**CONTAINS THE ALLERGEN**

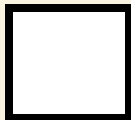
---

**\***

**MAY CONTAIN TRACES OF ALLERGEN**

Due to a number of contributing factors including our cooking practices (example; deep frying, grilling, wok-cooking), shared preparation and storage facilities and supplier specifications this product may contain traces of a specific allergen.

---



**ALLERGEN NOT REPORTED IN PRODUCT**

A blank space in the table indicates that this product does not contain the specific allergen. However, whilst we take important measures to avoid cross contamination in our operations, we cannot guarantee that any products sold within our kitchens are free from allergens.

---

**V**

**VEGETARIAN/PLANT BASED**

	Wheat	Fish	Crustacean	Mollusc	Egg	Milk	Lupin	Peanuts	Almond	Brazil Nut	Cashew	Hazel	Macadamia	Pecan	Pistachio	Pine Nut	Walnut	Soy/ Soya/ Soy-bean	Sesame	Barley	Oats	Rye	Sulphites
<b>CHICKEN &amp; WINGS</b>																							
Original Boneless Thighs	T				T	T	T											T	*	T	T	T	T
Spicy Boneless Thighs	T				T	T	T											T	*	T	T	T	T
Original Boneless Tenders	T				T	T	T											T	*	T	T	T	T
Spicy Boneless Tenders	T				T	T	T											T	*	T	T	T	T
Wings and Drumettes	T				T	T	T											T	*	T	T	T	T
Popcorn Chicken	T				T	T	T											T	*	T	T	T	T
Loaded Chips	T	*	*		T	T	T											T	*	T	T	T	T
<b>BURGERS</b>																							
Classic Burger	T				T	T	T											T	T	T	T	T	T
Signature Southern Burger	T				T	T	T											T	T	T	T	T	T

T = Contains Allergen

\* = May Contain Traces of Allergen

□ = Blank space, this product does not contain the specific allergen

V = Vegetarian/Plant-Based

	Wheat	Fish	Crustacean	Mollusc	Egg	Milk	Lupin	Peanuts	Almond	Brazil Nut	Cashew	Hazel	Macadamia	Pecan	Pistachio	Pine Nut	Walnut	Soy/ Soya/ Soy-bean	Sesame	Barley	Oats	Rye	Sulphites
<b>SIDES</b>																							
Chips	*																						
Coleslaw					T																		T
Pickles																							*
Onion Rings	T					T	T											T					T
<b>SAUCES</b>																							
Mayo					T																		T
Alabama Ranch	T				T	T	T											T					T
Southern Sauce	T				*	*	T											T					T
Hickory BBQ																							
Cheese Sauce						T	*											T					T

T = Contains Allergen

\* = May Contain Traces of Allergen

□ = Blank space, this product does not contain the specific allergen

V = Vegetarian/Plant-Based